**Stroke self-management video series**

**Using Virtual Meetups to Stay Connected**

*Once you have watched the video on Using Virtual Meetups to Stay Connected for People with Aphasia, please check out these useful websites and resource documents.*

**General Stroke:**

* Heart and Stroke: <https://www.heartandstroke.ca/>
* Canadian Stroke Best Practices: <https://www.strokebestpractices.ca/>
* Canadian Partnership for Stroke Recovery <https://www.canadianstroke.ca/>
* Stroke Engine: <https://www.strokengine.ca/en>

**Speech-Language Resources**

* Speech-Language and Audiology Canada <https://sac-oac.ca/>
* The Aphasia Institute: <https://www.aphasia.ca/>
* Communication Disabilities Across Canada: <https://www.cdacanada.com/>
* Aphasia Recovery Connection: <https://www.aphasiarecoveryconnection.org/>
* Participics - pictures for planned conversation boards <https://www.participics.ca/>

**Online Conversation Platforms:**

* Zoom
  + Getting Started: <https://support.zoom.us/hc/en-us/categories/200101697-Getting-Started>
  + Video Tutorials: <https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials?_ga=2.79351572.1845796239.1607540032-566713536.1605737064>
* Skype
  + Getting Started: <https://support.skype.com/en/skype/all/start/>
  + All support: <https://support.skype.com/en/skype/all/>
* Teams
  + Getting started: <https://www.microsoft.com/en-ca/microsoft-365/microsoft-teams/group-chat-software> click on “Resources”
  + Demos and Tutorials: <https://teamsdemo.office.com/#/>
* Google Meet
  + Getting started and video tutorials: <https://support.google.com/a/users/answer/9282720?hl=en-GB&ref_topic=7306097&visit_id=637431371801169708-3606265386&rd=1>
* FaceTime
  + General support: <https://support.apple.com/en-ca/HT204380>
* Facebook Video Chat
  + General support: <https://www.facebook.com/help/287631408243374>

The Stroke Self-Management video series was produced as a collaboration among the following partners:





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