

## Stroke self-management video series

# Organizing, Planning & Processing after Stroke

*Once you have watched the video on Organizing, Planning & Processing after Stroke, please check out these useful websites and resource documents.*

### Client & Caregiver Resources

- ▶ Depression, Energy, Thinking and Perception  
<https://www.heartandstroke.ca/stroke/recovery-and-support/emotions>
  
- ▶ <https://www.strokebestpractices.ca/>
  
- ▶ Your Stroke Journey: A Guide for People Living with Stroke  
<https://www.heartandstroke.ca/-/media/pdf-files/canada/your-stroke-journey/en-your-stroke-journey-v20.ashx>
  
- ▶ Stroke Engine  
<http://strokengine.ca/>
  
- ▶ Stroke Recovery and Support  
<https://www.heartandstroke.ca/stroke/recovery-and-support>

## **Academic Resources**

- ▶ Gillen, G. (2009). Cognitive and Perceptual Rehabilitation: Optimizing Function. Mosby Elsevir
- ▶ Sohlberg, M. & Mateer, C. (2001). Cognitive Rehabilitation: An integrative neuropsychological approach. The Guilford Press: New York.
- ▶ Teasell, R., Hussein, N., Saikaley, M., Longval, M., Iruthayarajah, J. (2020). Rehabilitation of Cognitive Impairment Post Stroke. Stroke Rehabilitation Clinician Handbook.
- ▶ Keeley, S. (2003). The Source for Executive Function Disorders. LinguSystems, Inc.
- ▶ Powell, T. & Malia, K. (2010). The Brain Injury Workbook: Exercises for Cognitive Rehabilitation. Speechmark Publishing Ltd.

The Stroke Self-Management video series was produced as a collaboration among the following partners:



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