**Stroke self-management video series**

**Practical Communication Skills after Stroke**

*Once you have watched the video on Practical Communication Skills after Stroke, please check out these useful websites and resource documents.*

**Client & Caregiver Resources**

- The Aphasia Institute – www.aphasia.ca
- Tactus Therapy resources – www.tactustherapy.com/learn
- Search for your provincial Speech Pathology/Audiology College

**Practice Resources**

- ESL Lab: Auditory comprehension of conversation with questions www.esl-lab.com
- New York Times: What’s Going On in This Picture – describing (talking or writing) and reading
www.nytimes.com/column/learning-whats-going-on-in-this-picture

- News in Levels: Reading with simplified language with varying lengths www.newsinlevels.com
- Student News Daily: Longer reading with questions; can use answers for writing www.studentnewsdaily.com
- TEDEd: Listen and answer comprehension questions based on a short lecture; various topics www.ted.ed.com

Practical Post-Stroke Tutorials Aphasia Series: Communication

- Housed on Youtube currently in a playlist called “Post Stroke Tutorials” (https://www.youtube.com/playlist?list=PLlLH6D8gy0OzvkefSJsooYWgTppWZOt7K)
- Aphasia Series (Communication): Tutorial 1 - Using key words to aid communication: https://youtu.be/dbapXegUFNk
- Aphasia Series (Communication): Tutorial 2 - How to use a wallet as a communication aid: https://youtu.be/EIVdaMTRHzA

- Webinar: Keeping the conversation going: managing aphasia during COVID-19 to reduce social isolation: https://www.youtube.com/watch?v=inImx8A2zPY&feature=youtu.be

- Practical Post-Stroke Tutorials Aphasia Series: Communication: Housed on Youtube currently in a playlist called “Post Stroke Tutorials” (https://www.youtube.com/playlist?list=PLlLH6D8gy0OzvkefSJsooYWgTppWZOt7K)
The Stroke Self-Management video series was produced as a collaboration among the following partners:

CALGARY STROKE PROGRAM

Alberta Health Services

HEART & STROKE FOUNDATION
Canadian Partnership for Stroke Recovery

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