

## Stroke self-management video series

### **Managing Unilateral Spatial Neglect after Stroke**

*Once you have watched the video on Managing Unilateral Spatial Neglect Post-Stroke, please check out these useful websites and resource documents.*

#### Client & Caregiver Resources

- ▶ <https://www.medbridgeeducation.com/blog/2016/05/four-basic-strategies-to-improve-hemispatial-neglect/>
- ▶ <https://tactustherapy.com/what-is-left-neglect/>
- ▶ Mirror Box
  - <https://www.sralab.org/sites/default/files/2017-05/Mirror%20Therapy.pdf>
  - <https://mirrortherapy.com/make-your-own-mirror-box-for-therapy/>
- ▶ Saebo (Mirror Box)
  - <https://www.saebo.com/blog/mirror-box-therapy-exercises-stroke-survivors/>
  - <https://www.youtube.com/watch?v=AlVVHSzrvPc>

- ▶ Stroke Engine  
<https://www.strokinge.ca/en/intervention/unilateral-spatial-neglect/>
- ▶ <https://www.strokebestpractices.ca/>
- ▶ Your Stroke Journey: A Guide for People Living with Stroke  
<https://www.heartandstroke.ca/-/media/pdf-files/canada/your-stroke-journey/en-your-stroke-journey-v20.ashx>
- ▶ Stroke Recovery and Support  
<https://www.heartandstroke.ca/stroke/recovery-and-support>
- ▶ Depression, Energy, Thinking and Perception  
<https://www.heartandstroke.ca/stroke/recovery-and-support/emotions>

### **Academic Resources**

- ▶ Gillen, G. (2009). Cognitive and Perceptual Rehabilitation: Optimizing Function. Mosby Elsevir
- ▶ Teasell, R., Hussein, N., Saikaley, M., Longval, M., Iruthayarajah, J. (2020). Rehabilitation of Cognitive Impairment Post Stroke. Stroke Rehabilitation Clinician Handbook.

The Stroke Self-Management video series was produced as a collaboration among the following partners:



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